



FOOTHILL

CHRISTIAN SCHOOL

Reference for Karen Allan (Crossroads Family Therapy)

October 23, 2024

Dear Organizational Leaders,

I am writing to recommend Karen Allan and Crossroads Family Therapy for their exceptional counseling services provided to our school and the families within our community. Over the past 25 years, they have consistently demonstrated a deep commitment to supporting the emotional and mental well-being of our students and staff.

We have had Crossroads on retainer for several years. They make themselves available on-call and prioritize our referrals with their schedules. Their team of skilled counselors has implemented a variety of programs tailored to meet the diverse needs of our students and their families. From individual counseling sessions to group workshops, Crossroads Family Therapy has effectively addressed issues ranging from anxiety/depression and stress management to conflict resolution, behavior management and grief support.

One of the most impressive aspects of their work is their ability to create a safe and welcoming environment. Students feel comfortable reaching out for support, and parents have expressed gratitude for the resources and guidance provided. The counselors' empathetic approach fosters trust, which has made a significant impact on our school community.

In addition to direct counseling services, Crossroads has been instrumental in providing professional development for our staff, equipping them with tools to recognize and address mental health concerns. Their partnership has truly enhanced our school's capacity to support our staff and students' social-emotional well-being.

I cannot recommend Karen Allan and her team highly enough. Their dedication, professionalism, and effectiveness have made a lasting difference in our school community. I am confident they will continue to provide invaluable support to any organization with whom they work.

If you have any questions or would like to discuss their work in more detail, please feel free to contact me.

Sincerely,

Robert M Gutzwiller
Superintendent

PRESCHOOL - 8TH GRADE

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